



PREPAREDNESS *Everyone's responsibility*

This September is **National Preparedness Month**, a nationwide effort sponsored by FEMA and local officials to encourage individuals, families, businesses and communities to work together and take action to prepare for emergencies. Individuals are encouraged to: make a family emergency plan; put together an emergency supply kit; be prepared to help your neighbor; and work as a team to keep everyone safe.

Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone immediately. You may need to survive on your own after an emergency. This means having your own food, water, and other supplies in sufficient quantity to last for at least three days. And remember, you and your family may not be together when disaster strikes, so it is important to plan in advance how you will contact one another and how to get back together. Take a moment to learn more about the emergency plans that have been established in your area by your state and local government.

Knowing what to do during an emergency is an important part of being prepared and may make all the difference when seconds count.

To get a family emergency plan, go to www.ReadyVirginia.gov and click on Make a Plan. Or contact the Bedford Police Department, 540-587-6011.



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September is **National Preparedness Month**—FEMA and local officials want to remind everyone that knowing what to do during an emergency may make all the difference when seconds count. Now's the time to:

- Make a family emergency plan
- Prepare an emergency kit with enough food, water, and other supplies to last for at least three days
- Learn about emergency plans already established by your state and local government.

To get a family emergency plan, go to www.ReadyVirginia.gov and click on Make a Plan. Or contact the Bedford Police Department, 540-587-6011.